

AMERICAN ASSOCIATION OF ENDOCRINE SURGEONS

# 2020 ANNUAL MEETING



## 41<sup>st</sup> ANNUAL MEETING

APRIL 4-6, 2020 • BIRMINGHAM, AL  
THE WESTIN BIRMINGHAM HOTEL

2020 LOCAL ARRANGEMENTS CHAIR: John Porterfield, MD

2020 PROGRAM CHAIR: Carrie Lubitz, MD, MPH

2020 VICE PROGRAM CHAIR: Peter Mazzaglia, MD

[WWW.ENDOCRINESURGERY.ORG](http://WWW.ENDOCRINESURGERY.ORG)

**ADVANCE PROGRAM**

# WELCOME



*On behalf of the American Association of Endocrine Surgeons, we invite all of you to attend this year's Annual Meeting, scheduled for April 4-6, 2020 in Birmingham, AL.*

Dear Registrants,

The American Association of Endocrine Surgeons Annual Meeting is a place for colleagues to meet and educate one another about endocrine diseases. The camaraderie and intellectual exchanges are outstanding and not to be missed! This year, the AAES has extended the Meeting by a few hours on Monday to accommodate all of the amazing content, including a new scientific session for quick shot posters.

In addition to interesting cases, poster presentations, exhibits, and oral presentations, there will be plenty of networking opportunities. Some 2020 meeting highlights include:

- ◇ **André Lacroix, M.D., FCAHS** has served as chief of Endocrine Division at Hôtel-Dieu hospital and as Director of the Endocrinology Training Program of Université de Montréal. He was Chairman of the Department of Medicine from 2002-2008 and Associate Director General for Medical and Academic Affairs at CHUM (2008-2012).
- ◇ **Clifford Y. Ko, MD, MS, MSHS, FACS, FASCRS** is the Director of the Division of Research and Optimal Patient Care at the American College of Surgeons. He oversees all the quality improvement programs, including the Bariatric Surgery Accreditation Program, the Cancer Accreditation program, the Trauma Verification program, the new Surgeon Specific Registry, and the American College of Surgeons National Surgical Quality Improvement Program (ACS NSQIP). He also serves as the Director of ACS NSQIP.
- ◇ **Lunch Symposia:** Business in Endocrine Surgery: Practical Applications of Novel Technologies, Professional & Leadership Development, Education Core: Delivering Effective Feedback, How I Handle It: Expert Tips and Tricks for Challenging Operative Scenarios
- ◇ New half-day course on the introduction to **ultrasound-guided radiofrequency ablation** of thyroid nodules.
- ◇ **Advanced Endocrine Surgery Course:** A panel of experts in the areas of thyroid, parathyroid and adrenal disease will discuss real-life scenarios and the nuances of complex decision making. Register for this course to join us on Friday, April 3 before the Annual Meeting kicks off on Saturday.
- ◇ Plus, additional sessions on **Ethics in Surgery, Surgeon Wellness, CESQIP, Expert Tips and Tricks for Challenging Operative Scenarios, Adrenal Disease Patient Advocacy, and the Focused Practice Designation.**

I hope that you are looking forward to the meeting as much as I am. Please make your plans now to join us in Birmingham.



Sincerely,

Allan Siperstein, MD  
AAES President  
Chairman, Center for Endocrine Surgery  
Cleveland Clinic

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## GENERAL REGISTRATION HOURS

Saturday, April 4	6:30 am—4:00 pm
Sunday, April 5	7:00 am—5:00 pm
Monday, April 6	7:00 am—12:00 pm

## EXHIBIT HALL HOURS

Saturday, April 4	9:30 am—5:00 pm
Sunday, April 5	7:00 am—5:00 pm
Monday, April 6	7:00 am—3:00 pm

*\*TIMES SUBJECT TO CHANGE*

*Thank you to John Porterfield, MD, Local Arrangements Chair, Carrie Lubitz, MD, MPH, Program Chair, and Peter Mazzaglia, MD, Vice Program Chair for their time and effort on this year's program!*

## AMA PRA CATEGORY 1 CREDITS™

*Continuing medical education credits will be provided for this activity. MOC Part 2 requires that 60 out of 90 hours must include a self-assessment activity. This meeting will contain a self-assessment component.*

## Birmingham Fun Facts

- ◇ Birmingham has been named the most progressive city in the entire south.
- ◇ University of Alabama at Birmingham was named the best college for LGBTQ in the state.
- ◇ The 2021 World Games will be hosted in Birmingham.
- ◇ The Meeting will feature the Birmingham Civil Rights Institute, designated a National Monument by President Obama.



AMERICAN ASSOCIATION OF  
**ENDOCRINE SURGEONS**

## Not an AAES member?

### HERE ARE SOME BENEFITS OF MEMBERSHIP:

- ◇ Substantial savings on conference fees for future AAES Annual Meetings
- ◇ Ability to submit abstracts for poster and podium presentations at the AAES Annual Meeting
- ◇ Networking with colleagues and experts in the field of endocrine surgery
- ◇ Cutting-edge education and professional development programs
- ◇ Opportunities to serve on committees and in leadership roles
- ◇ 24/7 access to the AAES website including member's only resources at [www.endocrinesurgery.org](http://www.endocrinesurgery.org)
- ◇ Subscription to the AAES Newsletter
- ◇ AAES member listing in the online Find-A-Surgeon Directory\*

For more information, contact [info@endocrinesurgery.org](mailto:info@endocrinesurgery.org) or call **859-402-9810**.

*\*Active, Allied Specialist, and Candidate members*



## MEETING REGISTRATION

Register online at [meeting.endocrinesurgery.org](http://meeting.endocrinesurgery.org) or call **859-402-9810**. Discounted registration fees are available until February 3, 2020. The last day to pre-register for the meeting is **March 23, 2020**.

## CANCELLATION POLICY

Registration cancellations must be received in writing by mail, email, or fax by March 4, 2020. Cancellations received by this date will be refunded, less a \$100 administrative fee. All refunds will be processed immediately following the conference. **No refunds for cancellations received after March 4, 2020.**

## HOTEL ACCOMMODATIONS

AAES has secured The Westin Birmingham Hotel for the 2020 Annual Meeting. A limited amount of additional rooms have been reserved at the nearby Sheraton Birmingham Hotel.

Make hotel reservations by **March 13, 2020** to secure the group rate

### The Westin Birmingham Hotel

2221 Richard Arrington Jr. Boulevard North, Birmingham, AL 35203

AAES GROUP RATE: \$199/night [Guest room rates are subject to 17.5% applicable state and local taxes.]

### Sheraton Birmingham Hotel

2101 Richard Arrington Jr. Boulevard North, Birmingham, AL 35203

AAES GROUP RATE: \$169/night [Guest room rates are subject to 17.5% applicable state and local taxes.]

*To secure the group rate by the deadline, visit the AAES website. The hotel rooming blocks will open in December with Meeting registration.*

*Discounted group rates apply until the reservation deadline of March 13, 2020 or until all rooms in the group block have been sold, whichever occurs first. After March 13, 2020, guest rooms and the discounted group rates may not be available. We encourage you to confirm your reservations early to secure the group rate. A credit card will be required to guarantee your reservation.*



**The Collaborative Endocrine Surgery Quality Improvement Program (CESQIP)** aims to improve the value of care delivered to patients. Formed in 2012, CESQIP utilizes concepts of continuous quality improvement to improve outcomes and optimize costs. This is accomplished through patient-centered data collection, ongoing performance feedback to clinicians, and improvement based on analysis of collected data and collaborative learning.

### WHY PARTICIPATE

- ◇ Advance the quality of endocrine surgery by improving outcomes and decreasing costs.
- ◇ Enable transition to shared accountability care/payment models.
- ◇ Helps hospitals meet meaningful use and other regulatory/accreditation requirements such as PQRS and MOC Part IV.
- ◇ Peer and institutional comparison review to improve the quality and safety of care.
- ◇ Enable mitigation of clinical and cost variations.
- ◇ Provides best practices, decision support and care pathways to enhance patient care and safety.
- ◇ Improve surgical care decision making, increase throughput and deliver quick ROI.
- ◇ Provide a platform for collaboration.
- ◇ Data captured is more relevant to the practice of endocrine surgery.
- ◇ Real-time access to dashboard reporting, drill down and data export capabilities.

To sign up for CESQIP please visit:  
[www.CESQIP.org](http://www.CESQIP.org)



## WEATHER

Temperatures in early April range from the mid 50s to the mid 70s. A more accurate weather forecast can be found closer to the date of the meeting at [www.weather.com](http://www.weather.com).

## AIRPORT INFORMATION

The Westin and Sheraton are located approximately 4.9 miles NE from the Birmingham-Shuttlesworth International Airport (BHM) - <https://www.flybirmingham.com/>

## TRANSPORTATION FROM THE AIRPORT

Transportation to and from the BHM airport is available via taxicab, Uber, Lyft, or rental car. The Westin Hotel does provide complimentary airport shuttle service – Mon. - Sun. 5:00 am - 11:00 pm. The Sheraton Hotel does provide complimentary scheduled airport shuttle service – Mon. - Sun. 4:30 am - 11:00 pm. Shuttle contact number is 205-324-5000. Depending on traffic and time of day, the commute from the BHM airport to hotels is approximately 20 - 30 minutes.



# SPECIAL EDUCATIONAL OFFERINGS & EVENTS



## ENDOCRINE SURGERY UNIVERSITY

Thursday, April 2, 2020 7:00 am – 8:30 pm

Friday, April 3, 2020 7:00 am – 12:00 pm

*Course Available for 1st Year Fellows in Accredited AAES Endocrine Surgery Fellowships.*



Endocrine Surgery University (ESU) is a program now in its 11th year, which is dedicated to increasing the quality of education and skills for first year endocrine surgery fellows. Under the leadership of the Director of ESU, Wen T. Shen, MD, MA, course objectives include:

1. Exposure to controversies in endocrine surgical management
2. Discussion of complex endocrine surgical cases
3. Learning how to succeed academically

ESU has the participation of nationally recognized Endocrine Surgery Faculty.

### **COURSE DIRECTOR:**

Wen T. Shen, MD, MA

University of California-San Francisco

### **COURSE FACULTY:**

Barbra Miller, MD

University of Michigan

Electron Kebebew, MD

Stanford University

Carmen Solórzano, MD

Vanderbilt University Medical Center

## Special Events

### **FRIDAY, APRIL 3, 2020:**

#### **AAES Annual Tennis Tournament**

8:00 am – 12:00 pm

Old Overton Club

#### **AAES Annual Golf Tournament**

8:00 am – 1:00 pm

Old Overton Club

#### **Young Surgeon's Social**

8:30 pm - 10:30 pm

### **SATURDAY, APRIL 4, 2020:**

#### **5k Fun Run/Walk**

7:00 am - 8:30 am

#### **Yoga**

7:00 am - 8:30 am

#### **AAES President's Reception**

6:00 pm – 8:00 pm

### **SUNDAY, APRIL 5, 2020:**

#### **AAES Annual Gala**

7:30 pm – 10:00 pm



# KEYNOTE SPEAKERS



## Orlo & Carol Clark Distinguished Lecture in Endocrine Surgery

**André Lacroix, M.D., FCAHS**

**Saturday, April 4, 2020, 11:15 am —12:00 pm**

Pr. Lacroix completed M.D. degree in 1972 and specialization in endocrinology in 1977 at Université de Montréal. This was followed by Endocrine fellowship at Vanderbilt University in Nashville, TN from 1976-78 with Grant W Liddle, David N Orth, TJ McKenna, and at the National Institutes of Health in Bethesda, MD from 1978-80 with Marc E Lippman and during a sabbatical year of biotechnology in 1986 with MB Sporn and Anita Roberts.

He served as chief of Endocrine Division at Hôtel-Dieu hospital and as Director of the Endocrinology Training Program of Université de Montréal. He was Chairman of the Department of Medicine from 2002-2008 and Associate Director General for Medical and Academic Affairs at CHUM (2008-2012).

He was President of the Canadian Society of Endocrinology and Metabolism (2005-2007) and Chair of the International Society of Endocrinology (2016-20). He is currently co-editor of the Adrenal Section of UpToDate (Boston, MA) and Encyclopedia of Endocrinology (Elsevier), Associate Editor of the European Journal of Endocrinology. He received the Robert Volpé 2010 award from CSEM in recognition for his contributions to Endocrinology in Canada. He was elected Fellow of the Canadian Academy of Health Sciences in 2008 and Foreign member of the National Academy of Medicine of France in 2016.

Major Areas of Research: Molecular and genetic mechanisms of adrenal tumors and hyperplasias leading to Cushing's syndrome, primary aldosteronism and adrenal tumorigenesis. Role of aberrant adrenal hormone receptors in adrenal overfunction. New drugs in the therapy of Cushing's disease and primary aldosteronism, of adrenocortical cancer and pheochromocytomas.

Pr Lacroix has published more than 225 articles (Including several in New England J Med, Lancet, Endocrine Reviews) or book chapters (h index: 59, 16559 citations, i10 index: 145), 305 scientific meeting abstracts and 315 invitations to conferences at national and international institutions or scientific meetings.



## Medical College of Wisconsin – Stuart D. Wilson, M.D. Historical Lecture

**Clifford Y. Ko, MD, MS, MSHS, FACS, FASCRS**

**Sunday, April 5, 2020, 4:15 pm —5:00 pm**

Dr. Clifford Ko is the Director of the Division of Research and Optimal Patient Care at the American College of Surgeons. He oversees all the quality improvement programs, including the Bariatric Surgery Accreditation Program, the Cancer Accreditation program, the Trauma Verification program, the new Surgeon Specific Registry, and the American College of Surgeons National Surgical Quality Improvement Program (ACS NSQIP). He also serves as the

Director of ACS NSQIP.

Dr. Ko's work focuses on surgical quality of care, including quality measurement, process improvement, and quality maintenance. He has received millions of dollars in grant funding to study quality of care from sources that include the National Institutes of Health, the Centers for Disease Control and Prevention, the American Cancer Society, the Centers of Medicare and Medicaid Services, the Agency for Healthcare Research and Quality, and the Veterans Administration. He has published over 275 manuscripts and has written more than 20 book chapters. He is frequently invited to speak nationally and internationally and has served on numerous advisory panels.

Clinically, Dr. Ko is a double board-certified surgeon with a practice focusing on patients with colorectal cancer. At UCLA, he is the Robert and Kelly Day Professor of Surgery, has won the Faculty Teaching Award three times, and is recognized as one of the Best Doctors in America. He is also professor of health services at the UCLA School of Public Health.

Dr. Ko received his B.A (Biology), M.S. (Biological/Medical Ethics), and M.D. from the University of Chicago. He also received a Masters of Science Degree (Health Services/Outcomes Research) from the University of California, Los Angeles during his time as a Robert Wood Johnson Clinical Scholars Fellow at UCLA and RAND. Dr. Ko completed his General Surgery Residency at UCLA Medical Center, and obtained specialty training at the Lahey Clinic in Boston in Colon and Rectal Surgery.

# SCHEDULE-AT-A-GLANCE



## THURSDAY, APRIL 2, 2020

1:00 pm—5:00 pm Radiofrequency Ablation Course

## FRIDAY, APRIL 3, 2020

8:00 am—5:00 pm Advanced Endocrine Surgery Course  
8:00 am—12:00 pm Tennis Tournament (optional)  
8:00 am—1:00 pm Golf Tournament (optional)  
2:00 pm—4:00 pm Career Development Course  
2:00 pm—6:00 pm Council Meeting  
8:30 pm—10:30 pm Young Surgeon's Social

## SATURDAY, APRIL 4, 2020

6:30 am—4:00 pm Registration Open  
7:00 am—8:30 am 5K Run/Walk or Yoga (optional)  
7:00 am—8:30 am Yoga (optional)  
8:00 am—9:00 am APP Town Hall Breakfast Session  
8:30 am—10:00 am Poster Judging & Walk Around  
9:00 am—10:00 am Surgeon Wellness Session  
10:00 am—10:30 am Break, Exhibits & Poster Viewing  
10:30 am—11:15 am AAES Opening Session  
11:15 am—12:00 pm Orlo & Carol Clark Distinguished Lecture in Endocrine Surgery  
12:00 pm—2:00 pm Lunch Break  
12:15 pm—1:45 pm Lunch Session: Business in Surgery: Practical Applications of Novel Technologies  
12:15 pm—1:45 pm Lunch Session: Professional & Leadership Development  
2:00 pm—3:15 pm Scientific Session I  
3:15 pm—3:30 pm Break, Exhibits & Poster Viewing  
3:30 pm—4:30 pm Scientific Session II  
4:30 pm—5:30 pm Presidential Address, Dr. Allan Siperstein  
6:00 pm—8:00 pm President's Reception

## SUNDAY, APRIL 5, 2020

7:00 am—5:00 pm Registration Open  
7:00 am—8:00 am Ethics in Surgery  
7:00 am—8:00 am CESQIP Session  
8:00 am—8:45 am Scientific Session III  
9:30 am—10:00 am Break, Exhibits & Poster Viewing  
10:00 am—11:00 am Scientific Session IV  
11:00 pm—12:00 pm Diversity and Inclusion Panel  
12:00 pm—2:00 pm Lunch Break  
12:15 pm—1:45 pm Lunch Session: Education Core: Delivering Effective Feedback  
12:15 pm—1:15 pm New Member Breakfast  
2:00 pm—3:15 pm Scientific Session V  
3:30 pm—4:15 pm Scientific Session VI  
4:15 pm—5:00 pm Medical College of Wisconsin – Stuart D. Wilson, M.D. Historical Lecture  
5:00 pm—6:15 pm Business Meeting  
7:30 pm—10:00 pm Annual Gala

## MONDAY, APRIL 6, 2020

7:00 am—8:00 pm Registration Open  
7:00 am—8:00 pm Focused Practice Designation Town Hall  
7:00 am—8:00 pm Adrenal Disease Patient Advocacy Session  
8:00 am—9:30 am Scientific Session VII  
9:30 am—10:00 am Break, Exhibits & Poster Viewing  
10:00 am—11:30 am Interesting Cases  
11:30 am—12:00 pm Awards & Recognition of Outgoing Council Members  
12:00 pm—1:00 pm Lunch Break  
1:00 pm—2:00 pm Scientific Session VIII  
2:00 pm—3:00 pm Scientific Session IX: Quick Shot Posters  
3:00 pm Meeting Adjourn

\* SUBJECT TO CHANGE. ROOM ASSIGNMENTS MADE CLOSER

Join us for a top-notch, highly competitive scientific program developed by the 2020 AAES Program Committee. Topics will span all the aspects of endocrine surgical disease and contain a mix of basic, translational, and clinical work. The focal point of the program will be the top papers presented in the oral sessions, and the dynamic and collegial discussion that follows. Be sure to also attend the poster walk around session on Saturday morning. In addition to seeing many great projects, there will also be ample opportunity to meet and engage with the authors in person.

## Future AAES Annual Meetings

### 42<sup>nd</sup> ANNUAL MEETING 2021

Cleveland, OH

Vikram Krishnamurthy, MD\*

### 43<sup>rd</sup> ANNUAL MEETING 2022

New Orleans, LA

Emad Kandil, MD\*

\*Local Arrangements Chair



# REGISTRATION



**Online registration is available until March 23, 2020.**

Registration will open in December. Registration information will be posted to the AAES website once available: [www.endocrinesurgery.org](http://www.endocrinesurgery.org)

## REGISTRATION RATES & DEADLINE

Each registration type includes admission to the full conference and exhibit hall, President's Reception, and Gala Reception, plus breakfast on Sunday and Monday.

Registrant Category	Early Bird Rate By February 3, 2020	Regular Rate After February 3, 2020
AAES Member: Active, Corresponding or Allied Specialist	\$575	\$625
AAES Member: Affiliate Provider	\$425	\$475
AAES Member: Candidate	\$575	\$625
AAES Member: Resident/Fellow	\$500	\$550
AAES Member: Senior/Retired	Complimentary	Complimentary
Medical Student	\$375	\$425
Non-member Physician	\$800	\$850
Non-member Affiliate Provider	\$475	\$525
Non-member Resident or Fellow	\$500	\$550

## Back for 2020! All-day Advanced Endocrine Surgery Course on Friday, April 3, 2020

Registration fees: \$375/\$500 for Physicians attending/not attending the AAES Annual Meeting, \$200 for Resident/Fellow, and \$300 for Allied Health. Also, take advantage of the \$50 Early Bird discount before February 3.

## GUEST REGISTRATION OPTIONS

- **All Inclusive Guest Registration: \$325**  
*Includes admission to all scientific sessions, exhibit hall, President's Reception, Gala, plus two days of breakfast.*
- **Guest Ticket for Gala Only: \$125** (Sunday, April 5, 7:30 – 10:00 pm)

## CANCELLATION POLICY

Registration cancellations must be received in writing by mail, email or fax by March 4, 2020. Cancellations received by this date will be refunded, less a \$100 administrative fee. All refunds will be processed immediately following the conference. No refunds for cancellations received after March 4, 2020.

## ADA REQUEST

If you have a disability and require a specific accommodation in order to fully participate in this activity, please check the appropriate box on the online registration form. You will be contacted by our staff to discuss your needs.

For questions about registration, please contact AAES Headquarters at 859-402-9810 or [info@endocrinesurgery.org](mailto:info@endocrinesurgery.org).